



## **ECB Changing and Showering Policy**

1. Adults must not change or shower at the same time using the same facility as children
2. Adults should try to change at separate times to children during matches i.e. when padding up
3. If Adults and children need to share a changing facility, the Club must have consent from the Parents that their child(ren) can share a changing room with Adults in the club
4. If children play for Adult Teams, they and their Parents must be informed of the Club's policy on changing arrangements
5. Mixed gender teams must have access to separate male and female changing rooms
6. Mobile phones must not be used in changing rooms.

Please note that if children are uncomfortable changing or showering at the Club, no pressure should be placed on them to do so. Encourage them to do this at home.